

EOD
ESSENCE OF DANCE INC.

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Studio A, B & G located @ 15578 – 24 Avenue
Studio C, D, E & F located @ #4, 5, 7 & 10 - 2320 King George Blvd

Monday	STUDIO A	Monday	STUDIO B	Monday	STUDIO C	Monday	STUDIO D	Monday	STUDIO E	Monday	STUDIO F	Monday	STUDIO G
3:30-4:30	Ignite Senior Hip Hop Tech - Tanna	3:30-4:30	Ignite Improv/Combo - Christina	3:30-4:30	Jazz/Tap Combo - Shelby	3:45-4:45	Junior 1 Acro - Anna	3:15-4:45	Grade 2 Ballet - Annabelle	3:30-4:30	Teen Jazz - Lauren	3:30-4:30	Ignite Junior Tap - Sarah/Aislyn
4:30-5:30	Ignite Senior Hip Hop - Tanna	4:30-5:30	Ignite Inter 2 Jazz - Sarah/Aislyn	4:30-5:30	Junior 3 Tap - Shelby	4:45-5:30	Primary Acro - Anna	4:45-5:45	Grade 3 Ballet - Annabelle	4:30-5:30	Ignite Mini/Jr Spins n' Leaps - Lauren	4:30-5:30	Ignite Senior Spins n' Leaps - Christina
5:30-6:30	Ignite Micro Mini Jazz - Tanna	5:30-6:30	Ignite Inter 3 Jazz - Sarah/Aislyn	5:30-6:30	Junior 1 Tap - Shelby	5:30-6:30	Junior 2 Acro - Anna	5:45-7:00	Grade 1 Ballet - Annabelle	5:30-6:30	Mini Musical Theatre - Lauren	5:30-6:30	Ignite Senior 2 Mus Theatre - Christina
6:30-7:30	Mini Hip Hop - Tanna	6:30-7:30	Ignite Inter 4 Jazz - Sarah/Aislyn	6:30-7:30	Junior 4 Tap - Shelby	6:30-7:30	Junior 3 Acro - Anna	7:00-8:00	Grade 4 Ballet - Annabelle	6:30-7:30	Pre Teen Musical Theatre - Lauren	6:30-7:30	Ignite Elite Lyrical - Christina
7:30-8:30	Ignite Inter 2 Msc Thr - Tanna	7:30-8:30	AIDT 2nd Grade Jazz Tech - Christina	7:30-8:30	Teen Tap - Shelby	7:30-8:30	Junior 4 Acro - Anna	8:00-9:30	Grade 4 Ballet - Annabelle	7:30-8:30	Pre Teen Jazz - Lauren	7:30-8:00	Ignite Inter/Adv Tap Tech - Sarah/Aislyn
8:30-9:30	Ignite Inter Spins n' Leaps - Tanna	8:30-9:30	AIDT Elementary Jazz Tech - Christina	8:30-9:30	Inter/Modern/Contemp - Shelby	8:30-9:30	Junior 6 Acro - Anna			8:30-9:30	Teen Musical Theatre - Lauren	8:00-9:00	Ignite Inter/Adv Tap - Sarah/Aislyn
Tuesday	STUDIO A	Tuesday	STUDIO B	Tuesday	STUDIO C	Tuesday	STUDIO D	Tuesday	STUDIO E	Tuesday	STUDIO F	Tuesday	STUDIO G
3:30-4:30	Junior Lyrical - Chelsea	3:30-4:30	Ignite Junior/Inter Acro - Chelsea/Desiree	3:30-4:30	Ignite Jr/Inter Spins - Alana	3:30-4:15	Primary Ballet - Heather	3:30-4:15	Beginner Ballet - Kaylie	3:30-4:30	Junior 1 Ballet - Talia	3:30-4:30	Ignite Inter 2 Contemp - Sonja
4:30-5:30	AIDT 4th Grade Jazz Tech - Christina	4:30-5:30	Ignite Junior/Inter Acro Stunts - Chelsea/Desiree	4:30-5:30	4125 Tap Combo - Alana	4:15-5:15	Junior 1 Ballet - Heather	4:15-5:00	Primary Ballet - Kaylie	4:30-5:30	Junior 3 Ballet - Talia	4:30-5:30	Ignite Senior 2 Contemporary - Sonja
5:30-6:30	Ignite Junior/Inter Acro Stunts - Chelsea/Desiree	5:30-6:30	Ignite Senior Spins n' Leaps - Christina	5:30-6:30	Pre Teen Hip Hop - Alana	5:15-6:30	Vaganova Grade 1 Ballet Tech - Heather	5:00-6:00	Junior Musical Theatre - Kaylie	5:30-6:30	Junior 2 Acro - Aislyn	5:30-6:30	Junior 2 Ballet - Sonja
6:30-7:30	Ignite Inter/Senior Acro - Chelsea/Desiree	6:30-7:30	AIDT Prelim Junior Jazz Tech - Christina	6:30-7:30	Ignite Inter 1 Jazz - Aislyn	6:30-8:00	Vaganova Grade 2 Ballet Tech - Heather	6:00-7:00	Junior 3 Modern/Contemp - Kaylie	6:30-7:30	AIDT 1st Grade Jazz Tech - Alana	6:30-7:30	Ignite Elite Contemp - Sonja
7:30-8:30	Ignite Inter/Senior Stunts - Chelsea/Desiree	7:30-8:30	Ignite Senior Spins n' Leaps - Christina	7:30-8:30	Junior 4 Jazz - Alana	8:00-9:30	Vaganova Elementary Ballet Tech - Heather	7:30-8:30	Grade 3 Ballet - Kaylie	7:30-8:30	Pre Teen Modern/Contemp - Aislyn	7:30-9:00	Inter/Adv Grad Dance - Sonja
8:30-9:30	Ignite Senior Lyrical - Chelsea	8:30-9:30		8:30-9:30	Teen Hip Hop - Alana			8:30-9:30	Inter/Senior Jazz - Kaylie	8:30-9:30	Pre Teen Lyrical - Aislyn		
Wednesday	STUDIO A	Wednesday	STUDIO B	Wednesday	STUDIO C	Wednesday	STUDIO D	Wednesday	STUDIO E	Wednesday	STUDIO F	Wednesday	STUDIO G
3:30-4:30	Ignite Inter 3 Lyrical - Christina	3:30-4:30	Grade 1 Ballet - Sonja	3:30-4:30	Ignite Mini Tap - Shelby	3:30-3:45	Primary Tap - Lindsay	3:30-5:00	Grade 2 Ballet - Reid	3:30-4:30	Junior 2 Ballet - Kaylie	12:30-3:30	Pre Professional Half Day Ballet
4:30-5:30	Ignite Inter 3 Msc Thr - Christina	4:30-5:30	Primary Ballet - Sonja	4:30-5:30	Jazz/Tap Combo - Shelby	3:45-4:45	Grade 3 Ballet - Lindsay	5:00-6:30	Grade 4 Ballet - Reid	4:30-5:30	Junior 2 Jazz - Kaylie	3:30-4:30	Ignite Senior 2 Ballet - Julia
5:30-6:30	Inter/Senior Spins n' Leaps - Christina	4:45-5:45	Ignite Inter 3 Contemp - Sonja	5:30-6:30	Junior 1 Tap - Shelby	4:45-5:45	Ignite Jr/Inter Ballet - Lindsay	6:30-8:30	Grade 3 Ballet - Reid	5:30-6:30	Junior 4 Ballet - Kaylie	4:30-5:30	Ignite Inter/Senior Pointe - Julia
6:30-8:00	Cecchetti Level 5 - Lindsay	5:30-6:30	Ignite Inter 3 Contemp - Sonja	6:30-7:30	Junior 2 Tap - Shelby	5:45-6:30	Inter/Adv Pointe - Lindsay	8:00-9:30	Elementary Ballet - Reid	6:30-7:30	Junior Lyrical - Alana	5:30-6:30	Ignite Inter 1 Ballet - Julia
8:00-9:30	Cecchetti Level 3 - Lindsay	7:30-8:30	AIDT Final Grade Jazz Tech - Talia	7:30-8:30	Teen Modern/Contemp - Shelby	6:30-8:30	Adv Ballet/Pointe Tech - Julia			7:30-8:30	Pre Teen Ballet - Alana	6:30-7:30	Ignite Jr/Inter Spins n' Leaps - Kaylie
		8:30-9:30	Ignite Senior 1 Jazz - Talia	8:30-9:30	Inter/Senior Tap - Shelby	8:30-9:30	Teen Ballet - Alana			8:30-9:30	Junior 5 Modern/Contemp - Kaylie	7:30-8:30	Ignite Inter 2 Lyrical - Kaylie
			Ignite Senior 2 Jazz - Talia									8:30-9:30	Ignite Inter/Senior Ballet - Julia
Thursday	STUDIO A	Thursday	STUDIO B	Thursday	STUDIO C	Thursday	STUDIO D	Thursday	STUDIO E	Thursday	STUDIO F	Thursday	STUDIO G
3:30-4:30	Junior Jazz - Talia	3:30-5:30	Intro to Pointe & Tech - Julia	3:30-4:30	Junior 1 Ballet - Kaylie	3:30-4:30	Junior 5 Acro - Carmen	3:30-5:30	Preparation for Pointe & Tech - Paula	3:30-4:15	Beginner Ballet - Aislyn	12:30-3:30	Pre Professional Half Day Ballet
4:30-5:30	AIDT Stepping Up Jazz Tech - Talia	5:30-6:30	Ignite Inter 2 Ballet - Julia	4:30-5:30	Junior 2 Ballet - Kaylie	4:30-5:30	Junior 1 Acro - Carmen	4:15-5:00	Grade 5/Elem Pointe - Paula	4:15-5:00	Beginner Tap - Aislyn	12:30-3:30	Ignite Mini Jazz - Tanna
5:30-6:30	Ignite Inter Hip Hop Tech - Tanna	6:30-7:30	Ignite Senior 1 Contemp - Sonja	5:30-6:30	Junior 1 Modern/Contemp - Kaylie	5:30-6:30	Junior 2 Acro - Carmen	6:15-7:45	Grade 4 Ballet - Paula	5:00-5:45	Novice Tap - Aislyn	4:30-5:30	Mini Hip Hop - Tanna
6:30-7:30	Ignite Inter Hip Hop - Tanna	7:30-9:00	Inter/Adv Ballet - Sonja	6:30-7:30	Grade 1 Ballet - Kaylie	6:30-7:30	Junior 4 Acro - Carmen	7:45-9:15	Intermediate Ballet - Paula	5:45-6:30	Primary Acro - Aislyn	5:30-6:30	AIDT Preliminary Jazz Tech - Talia
7:30-8:30	Junior Hip Hop - Tanna			7:45-9:15	Grade 5 Ballet - Kaylie	7:30-8:30	Junior 5 Acro - Carmen			6:30-7:30	Junior 3 Acro - Aislyn	6:30-7:30	Ignite Elite Jazz - Talia
8:30-9:30	Ignite Inter/Sr Spins n' Leaps - Tanna					8:30-9:30	Intermediate Acro - Carmen			7:30-8:30	Junior 3 Jazz - Aislyn	7:30-8:30	AIDT 3rd Grade Jazz Tech - Talia
										8:30-9:30	Teen Lyrical - Aislyn	8:30-9:30	AIDT Advanced Jazz Tech - Talia
Friday	STUDIO A	Friday	STUDIO B	Friday	STUDIO C	Friday	STUDIO D	Friday	STUDIO E	Saturday	STUDIO E	Friday	STUDIO G
3:30-4:30	Mini Song & Dance - Emma	3:30-3:45	Primary Jazz - Tanna	3:30-4:30	Grade 2 Ballet - Paula	4:00-6:00	Vaganova Intermediate Ballet/Pointe Tech - Heather					12:30-3:30	Pre Professional Half Day Ballet
4:30-5:30	Ignite Jr/Inter Mus Theatre - Emma	3:45-4:30	Primary Hip Hop - Tanna	4:30-5:30	Junior 2 Ballet - Paula	6:00-7:30	Vaganova Grade 4/5 Ballet Tech - Heather					3:15-4:30	Grade 1 Ballet - Reid
4:30-5:30	Ignite Jr/Inter Spins n' Leaps - Emma	4:30-5:30	Ignite Junior Hip Hop - Tanna	5:30-6:30	Ignite Mini Ballet - Paula							4:30-5:30	Junior 4 Ballet - Reid
5:30-6:30		5:30-6:30	Ignite Junior Hip Hop Tech - Tanna	6:30-7:30	Ignite Inter 1 Contemporary - Paula							5:30-7:00	Grade 3 Ballet - Reid
Saturday	STUDIO A	Saturday	STUDIO B	Saturday	STUDIO C	Saturday	STUDIO D	Saturday	STUDIO E	Saturday	STUDIO F	Saturday	STUDIO G
9:00-9:45	Beginner Ballet - Alana	9:00-9:45	Beginner Ballet - Emma	9:00-10:00	Jazz/Tap Ballet - Aislyn	9:30-10:15	Primary Acro - Carmen	9:00-10:00	Junior 1 Ballet - Desiree	9:00-11:00	Junior 1 Ballet - Desiree	9:30-11:00	Grade 2 Ballet - Julia
9:45-10:30	Primary Ballet - Alana	9:45-10:30	Primary Jazz - Emma	10:00-11:00	Junior 3 Ballet - Aislyn	10:15-11:00	Primary Hip Hop - Carmen	10:00-10:45	Beginner Ballet - Desiree	10:00-10:45	Beginner Ballet - Desiree	11:00-12:30	Grade 4 Ballet - Julia
10:30-11:30	Junior 2 Ballet - Alana	10:30-11:30	Primary Ballet - Emma	11:00-12:00	Junior 2 Modern/Contemp - Aislyn	11:00-12:00	Junior 3 Acro - Carmen	10:45-11:30	Primary Ballet - Desiree	10:45-11:30	Primary Ballet - Desiree	12:30-2:00	Grade 3 Ballet - Julia
11:30-12:30	Junior 1 Ballet - Alana	11:30-12:30	Junior 1 Jazz - Aislyn	11:15-12:15	Junior 4 Jazz - Aislyn	12:00-1:00	Junior 1 Acro - Carmen	11:30-12:30	Junior 3 Ballet - Desiree	11:30-12:30	Junior 3 Ballet - Desiree	2:00-3:30	Grade 5 Ballet - Sonja
12:30-1:45	Grade 1 Ballet - Alana	12:15-1:15	Junior 2 Jazz - Emma	1:00-2:00	Junior 4 Modern/Contemp - Aislyn	1:00-2:00	Junior 5 Acro - Carmen					3:30-4:15	Grade 4 Pointe - Julia
1:45-2:45	Junior 4 Ballet - Alana	1:15-2:15	Junior Musical Theatre - Emma	2:00-3:00	Ignite Jr/Inter Spins n' Leaps - Aislyn	2:00-3:00	Junior Hip Hop - Carmen						
		2:15-3:15	Junior 3 Jazz - Emma										