ESSENCE OF DANCE INC.

04/23/21

2021/22 CLASS SCHEDULE

604.541.9498 info@essenceofdance.ca
Studio A, B, F & G located @ 15578 – 24 Avenue
Studio C, D & E located @ #4, 5 & 10 - 2320 King George Blvd

Monday	Studio A	Monday	Studio B	Monday	Studio C	Monday	Studio D	Monday	Studio E	Monday	Studio F	Monday	Studio G
3:15-4:25	Vaganova Level 3 Ballet Tech. - Heather	3:30-4:25	AIDT 4th Grade Jazz Tech - Christina	3:30-4:25	Junior 4 Jazz - Alana	3:30-4:55	Grade 2 Ballet - Reid	3:30-4:25	Junior 2 Ballet - Annabelle	3:30-4:25	Ignite Junior Hip Hop Tech - Adam	12:00-2:55	Pre Professional Half Day - Annabelle
4:30-5:25	Ignite Inter 2 Ballet - Heather	4:30-5:25	Ignite Inter 3 Jazz - Christina	4:30-5:10	Primary Ballet - Alana	5:00-6:25	Grade 3 Ballet - Reid	4:30-5:25	Junior 3 Ballet - Annabelle	4:30-5:25	Ignite Junior Hip Hop - Adam	3:30-4:25	Ignite Inter 1 Jazz - Aislyn
5:30-6:25	Junior 4 Ballet - Annabelle	5:30-6:25	AIDT Pre Elementary - Christina	5:30-6:25	Jazz Tap Combo - Aislyn	6:30-7:25	Pre Teen Lyrical - Alana	5:30-7:25	Vaganova Interm. Level Ballet & Pointe Tech. - Heather	5:30-6:25	Ignite Junior/Inter Spins n' Leaps - Alana	4:30-5:25	Ignite Inter/Senior Spins n' Leaps - Aislyn
6:30-7:25	Junior 5 Ballet - Annabelle	6:30-7:25	Ignite Senior 2 Musical Theatre - Christina	6:30-7:25	Junior 4 Tap - Aislyn	7:30-8:25	Junior 7 Jazz - Alana	7:30-8:55	Vaganova Level 8 Ballet Tech. - Heather	6:30-7:55	Grade 4 Ballet - Reid	5:30-6:25	Ignite Inter Hip Hop - Adam
7:30-8:55	Grade 5 Ballet - Annabelle	7:30-8:25	Ignite Elite Lyrical - Christina	7:30-8:25	Pre Teen Musical Theatre - Aislyn	8:30-9:25	Junior 7 Modern/Contemporary - Alana	9:00-9:40	Grade 5/Elementary Pointe - Heather	8:00-9:25	Elementary Ballet - Reid	6:30-7:25	Ignite Inter Hip Hop Tech - Adam
		8:30-9:25	Ignite Senior Spins n' Leaps - Christina	8:30-9:25	Teen Jazz - Aislyn							7:30-8:25	Ignite Senior Hip Hop - Adam
												8:30-9:25	Ignite Senior Hip Hop Tech - Adam
Tuesday	**Studio A**	**Tuesday**	**Studio B**	**Tuesday**	**Studio C**	**Tuesday**	**Studio D**	**Tuesday**	**Studio E**	**Tuesday**	**Studio F**	**Tuesday**	**Studio G**
3:30-4:40	Grade 1 Ballet - Sonja	3:30-4:25	Ignite Inter 1 Ballet - Heather	3:00-3:40	Primary Ballet - Aislyn	3:30-4:25	Junior 3 Ballet - Talia	3:45-4:25	Beginner Ballet - Desiree	3:30-4:25	Ignite Mini Tap - Shelby	3:30-4:25	Ignite Inter/Senior Spins n' Leaps - Alana
4:45-5:25	Primary Ballet - Sonja	4:30-5:25	Ignite Inter 1 Contemporary - Alana	3:45-4:25	Primary/Junior 1 Tap - Aislyn	4:30-5:55	Vaganova Level 5 Ballet Tech. - Heather	4:30-5:25	Junior 3 Modern/Contemporary - Desiree	4:30-5:25	Ignite Junior Tap - Shelby	4:30-5:25	Ignite Junior/Inter Spins n' Leaps - Aislyn
5:30-6:25	AIDT 1st Grade Jazz Tech - Alana	5:30-6:25	Ignite Inter 2 Jazz - Aislyn	4:30-5:25	Junior 1 Ballet - Talia	6:00-7:25	Vaganova Level 6 Ballet Tech. - Heather	5:30-6:25	Junior 3/4 Musical Theatre - Desiree	5:30-6:25	Junior 7 Tap - Shelby	5:30-6:25	Ignite Senior 2 Contemporary - Sonja
6:30-7:25	Junior 5 Jazz - Aislyn	6:30-7:25	Ignite Inter 1/2 Lyrical - Alana	5:30-6:25	Junior 3 Hip Hop - Caitlin	7:30-9:10	Vaganova Pre-Elem. Level Ballet & Pointe Tech. - Heather	6:30-7:25	Junior 5/6/7 Lyrical - Desiree	6:30-7:25	Ignite Inter Tap - Shelby	6:30-7:25	Ignite Elite Contemporary - Sonja
7:30-8:25	Junior 5/6/7 Musical Theatre - Aislyn	7:30-8:25	Ignite Inter 2/3 Musical Theatre - Alana	6:30-7:25	Junior 4 Hip Hop - Caitlin			7:30-8:25	Pre Teen Ballet - Desiree	7:30-7:55	Ignite Inter Tap Tech - Shelby	7:30-8:55	Inter/Advanced Grad Dance - Sonja
8:30-9:25	Ignite Inter Spins n' Leaps - Aislyn	8:30-9:25	Pre Teen Jazz - Alana	7:30-8:25	Teen Modern/Contemporary - Caitlin			8:30-9:25	Junior 6 Modern/Contemporary - Desiree	8:00-8:55	Ignite Inter/Senior Tap - Shelby		
				8:30-9:25	Teen Lyrical - Caitlin					9:00-9:25	Ignite Inter/Senior Tap Tech - Shelby		
Wednesday	**Studio A**	**Wednesday**	**Studio B**	**Wednesday**	**Studio C**	**Wednesday**	**Studio D**	**Wednesday**	**Studio E**	**Wednesday**	**Studio F**	**Wednesday**	**Studio G**
3:30-5:25	Advanced Ballet & Pointe Tech - Julia	3:30-4:25	AIDT 2nd Grade Jazz Tech - Christina	3:15-4:25	Grade 1 Ballet - Reid	3:30-4:25	Junior 4 Acro - Carmen	3:00-3:40	Beginner Ballet - Kaylie	3:30-4:25	Junior 2 Ballet - Sonja	3:30-4:25	Ignite Senior 1 Musical Theatre - Shayla
5:30-6:25	Ignite Junior/Inter Acro Tech - Carmen	4:30-5:25	Ignite Junior Jazz - Christina	4:30-5:10	Junior 2 Tap - Shayla	4:30-5:25	Junior 5 Acro - Carmen	3:45-4:25	Junior 1 Jazz - Kaylie	4:30-5:25	Ignite Inter 3 Lyrical - Kaylie	4:30-5:25	Ignite Inter 2 Contemporary - Sonja
6:30-7:25	Ignite Junior/Inter Acro - Chelsea	5:30-6:25	Ignite Inter 3 Contemporary - Sonja	5:15-5:55	Junior 2 Hip Hop - Shayla	5:30-6:25	Ignite Junior Spins n' Leaps - Kaylie	4:30-5:25	Junior 3 Ballet - Reid	5:30-6:25	Ignite Mini Jazz - Christina	5:30-6:25	Ignite Senior Ballet - Julia
7:30-8:25	Ignite Inter/Senior Pointe - Julia	6:30-7:25	AIDT 3rd Grade Jazz Tech - Talia	6:00-6:55	Junior 5 Hip Hop - Shayla	6:30-7:25	Junior 5 Ballet - Julia	5:30-6:25	Junior 4 Ballet - Reid	6:30-7:25	Ignite Improv/Combo - Christina	6:30-7:25	Ignite Senior Spins n' Leaps - Kaylie
8:30-9:25	Ignite Inter/Senior Acro Tech - Chelsea	7:30-8:25	Ignite Inter/Senior Acro - Chelsea	7:00-7:55	Junior 6 Hip Hop - Shayla	7:30-8:25	Inter/Senior Modern/Contemporary - Kaylie	6:30-7:55	Grade 2 Ballet - Reid	7:30-8:25	Ignite Senior 1 Lyrical - Christina	7:30-8:25	Ignite Senior 2 Jazz - Talia
		8:30-9:25	AIDT Elementary Jazz Tech - Talia	8:00-8:55	Teen Hip Hop - Shayla	8:30-9:25	Ignite Senior 2 Lyrical - Kaylie	8:00-9:25	Intermediate Ballet - Reid	8:30-9:25	Ignite Inter 3 Ballet - Julia	8:30-9:25	AIDT Intermediate - Christina
Thursday	**Studio A**	**Thursday**	**Studio B**	**Thursday**	**Studio C**	**Thursday**	**Studio D**	**Thursday**	**Studio E**	**Thursday**	**Studio F**	**Thursday**	**Studio G**
3:30-4:25	Junior 3 Jazz - Talia	3:30-4:25	Ignite Mini Ballet - Paula	3:30-4:25	Junior 1 Ballet - Aislyn	3:45-4:25	Junior 2 Acro - Carmen	3:30-4:55	Grade 4 Ballet - Reid	3:30-4:25	Junior 3 Tap - Shelby	12:00-2:55	Pre Professional Half Day - Julia
4:30-5:25	AIDT Primary Jazz Tech - Talia	4:30-5:25	Ignite Junior Ballet - Paula	4:30-5:10	Junior 2 Jazz - Aislyn	4:30-5:25	Junior 3 Acro - Carmen	5:00-6:25	Grade 3 Ballet - Reid	4:30-5:25	Jazz Tap Combo - Shelby	3:30-5:25	Intro to Pointe - Julia
5:30-6:25	Junior 2 Ballet - Paula	5:30-6:25	Ignite Elite Ballet - Julia	5:30-6:25	Junior 5 Tap - Shelby	5:30-6:25	Junior 4 Acro - Carmen	6:30-7:25	Junior 4 Ballet - Reid	5:30-6:25	Ignite Senior Spins n' Leaps - Aislyn	5:30-6:25	Ignite Junior/Inter Spins n' Leaps - Talia
6:30-7:25	Ignite Senior 1 Contemporary - Sonja	6:30-7:25	Ignite Junior/Inter Musical Theatre - Aislyn	6:30-7:25	Junior 6 Tap - Shelby	6:30-7:25	Junior 5 Acro - Carmen	7:30-8:25	Junior 5 Ballet - Reid	6:30-7:25	Junior 6 Jazz - Paula	6:30-7:25	Ignite Elite Jazz - Talia
7:30-8:55	Grade 5 Ballet - Sonja	7:30-8:25	Ignite Senior 1 Jazz - Talia	7:30-8:25	Inter/Senior Tap - Shelby	7:30-8:25	Junior 6 Acro - Carmen	8:30-9:25	Teen Ballet - Reid	7:30-8:25	Teen Musical Theatre - Aislyn	7:30-8:55	Intermediate/Advanced Ballet - Paula
		8:30-9:25	AIDT Final Grade Jazz Tech - Talia	8:30-9:25	Teen Tap - Shelby	8:30-9:25	Junior 7/Intermediate Acro - Carmen			8:30-9:25	Inter/Senior Jazz - Aislyn	9:00-9:40	Inter/Advanced Pointe - Paula
Friday	**Studio A**	**Friday**	**Studio B**	**Friday**	**Studio C**	**Friday**	**Studio D**	**Friday**	**Studio E**	**Friday**	**Studio F**	**Friday**	**Studio G**
3:30-4:25	Junior 3 Jazz - Caitlin	3:30-4:25	Junior 5 Ballet - Reid			3:45-4:25	Junior 2 Acro - Sarah			3:00-4:25	Vaganova Level 7 Ballet Tech. - Heather	12:00-2:55	Pre Professional Half Day - Julia
4:30-5:25	Junior 5/6/7 Lyrical - Caitlin	4:30-5:55	Grade 5 Ballet - Reid			4:30-5:25	Junior 3 Acro - Sarah			4:30-6:25	Vaganova Elem. Level Ballet & Pointe Tech. - Heather	3:00-4:25	Grade 3 Ballet - Paula
5:30-6:25	Junior 5 Jazz - Caitlin	6:00-7:25	Grade 2 Ballet - Reid			5:30-6:25	Junior 4 Acro - Sarah			6:30-7:55	Vaganova Level 4 Ballet Tech. - Heather	4:30-5:25	Junior 1 Ballet - Paula
						6:30-7:25	Junior 5 Acro - Sarah					5:30-6:25	Ignite Inter/Senior Spins n' Leaps - Paula
Saturday	**Studio A**	**Saturday**	**Studio B**	**Saturday**	**Studio C**	**Saturday**	**Studio D**	**Saturday**	**Studio E**	**Saturday**	**Studio F**	**Saturday**	**Studio G**
9:00-9:40	Beginner Ballet - Isabella	9:00-9:40	Beginner Ballet - Alana	9:00-9:55	Junior 3 Hip Hop - Shayla	9:15-9:55	Junior 2 Acro - Sarah	9:30-10:25	Junior 4 Jazz - Desiree	9:30-10:10	Primary Ballet - Aislyn	9:30-10:55	Grade 2 Ballet - Julia
9:45-10:40	Junior 3 Ballet - Isabella	9:45-10:55	Grade 1 Ballet - Alana	10:00-10:40	Junior 2 Hip Hop - Shayla	10:00-10:55	Junior 3 Acro - Sarah	10:30-11:25	Junior 5 Modern/Contemporary - Desiree	10:15-11:10	Jazz Tap Combo - Aislyn	11:00-12:25	Grade 4 Ballet - Julia
10:45-11:40	Junior 2 Ballet - Isabella	11:00-11:55	Junior 5 Ballet - Alana	10:45-11:40	Junior 4 Hip Hop - Shayla	11:00-11:55	Junior 4 Acro - Sarah	11:30-12:25	Junior 6 Jazz - Desiree	11:15-12:10	Junior 1 Ballet - Aislyn	12:30-1:10	Grade 4 Pointe - Julia
11:45-12:40	Pre Teen Modern/Contemporary - Isabella	12:00-1:25	Grade 3 Ballet - Alana	11:45-12:40	Junior 5 Hip Hop - Shayla	12:00-12:55	Junior 5 Acro - Sarah			12:15-1:10	Junior 4 Ballet - Aislyn	1:15-2:40	Grade 5 Ballet - Julia
12:45-1:40	Junior 3/4 Musical Theatre - Isabella	1:30-2:25	Ignite Junior Spins n' Leaps - Alana	12:45-1:40	Pre Teen Hip Hop - Shayla	1:00-1:55	Junior 6 Acro - Sarah			1:15-2:10	Junior 4 Modern/Contemporary - Aislyn	2:45-4:10	Elementary Ballet - Julia
				1:45-2:40	Junior 5/6/7 Musical Theatre - Shayla	2:00-2:55	Junior 7 Acro - Sarah						